

台灣睡眠醫學學會 113 年度會員大會暨第 22 屆學術研討會

22nd Annual Meeting of Taiwan Society of Sleep Medicine (TSSM)

Date: 2024/10/12 ~ 2024/10/13

Venue: Taipei Veterans General Hospital, Chih-Teh Building (台北榮民總醫院致德樓)

Topic: COMISA (Co-Morbid Insomnia and Sleep Apnea)

2024/10/12 (Sat.)

	第一會議室 (264 人)	第二會議室 (264 人)	第三會議室 (201 人)	第四會議室 (70 人)
13:00-13:30	Registration 報到			
13:30-13:40	Opening: President of TSSM 周昆達理事長致詞			
13:40-15:10	Symposium 1 科技 (陳凜宏) Moderator: 陳凜宏教授	Symposium 2 心理師: Long-term use of hypnotics and strategies to assist tapering (楊建銘) Moderator: 李信謙醫師	Symposium 3 基礎 (張芳嘉) Moderator: 張芳嘉教授	
13:40-14:10	Applications of non-wearable physiological signals in sleep and respiratory monitoring 非穿戴式生理訊號在睡眠及呼吸監測的應用 劉文德教授	Psychological Aspects of Long-Term Hypnotic Use. 長期助眠藥物使用的心理相關議題 楊建銘教授	Sleep apnea and sleep syncope in dogs 犬隻睡眠呼吸中止症及睡眠暈厥症 劉乃潔助理教授 (臺大獸醫系)	
14:10-14:40	Ultrasound application in Obstructive sleep apnea syndrome 頸部超音波在阻塞型睡眠呼吸中止症的應用	The effect of Cognitive Behavioural Therapy for insomnia (CBTi) on patterns of sedative-hypnotic use.	Rehabilitation for Sleep Apnea and Stroke Prognosis 睡眠呼吸中止症復健對中風預後的影響	

	<u>林婉妮醫師</u>	<u>Dr. Alexander Sweetman</u> (Senior Program Manager at the Australasian Sleep Association)	<u>黃相碩教授</u> (中山醫學大學)	
14:40-15:10	Exploring Digital Biomarkers of Social-Physical Dynamics for Sleep Medicine: Insights from Long-Term Smartphone and Actigraphy Data 利用長時間手機使用與身體活動訊號探索社交-活動之數位生理指標於睡眠醫學應用 <u>林澂教授</u>	Novel strategies for tapering benzodiazepines and z-drugs in older adults with chronic insomnia <u>Prof. Constance Fung</u> (Clinical Professor of Medicine, David Geffen School of Medicine at UCLA)	New therapeutical approaches for insomnia 失眠的新型治療方式 <u>張芳嘉教授</u> (臺大獸醫系)	
15:10-15:30	Poster viewing			Poster Discussion
15:30-15:50	Coffee Break			
15:50-17:20	Symposium 4 內科 (于鍾傑) Moderator: <u>莊立邦醫師</u> 、 <u>于鍾傑醫師</u>	Symposium 5 神經內科 (鄔定宇) Moderator: <u>鄔定宇醫師</u> 、 <u>徐崇堯教授</u> 、 <u>楊鈞百醫師</u>	Symposium 6 牙科 (陳裕豐) Moderator: <u>陳裕豐醫師</u>	
15:50-16:20	<u>15:50-16:35</u> Co-Morbid Insomnia and Sleep Apnea, COMISA 失眠和阻塞性睡眠呼吸中止症之共病症	Complex Interaction between Sleep and Epilepsy 睡眠與癲癇之間的交互作用 <u>葉威志醫師</u>	Optimizing Adult Obstructive Sleep Apnea Management through Interdisciplinary Collaboration 利用跨科合作模式優化成人阻塞性睡眠呼吸中止症的治療 <u>廖郁芳教授</u>	
16:20-16:50	<u>江原麟醫師</u>	Sleep-related movement disorders 睡眠相關之動作障礙疾患	Dental Treatment of Pediatric Sleep Disorder Breathing 兒童睡眠呼吸障礙之牙科治療	

	16:35-17:20 Sleep Apnea Management for Co-Morbid Insomnia and Sleep Apnea	<u>蔡睿蘋醫師</u>	<u>莊麗娟醫師</u>	
16:50-17:20	針對失眠與睡眠呼吸中止共病症之睡眠呼吸中止處置 <u>黃志宇醫師</u>	Headache Disorders and Sleep 頭痛與睡眠 <u>黃子洲醫師</u>	Obstructive Sleep Apnea (OSA) and Myofunctional Therapy (MFT) 阻塞型睡眠呼吸中止症與口咽 肌功能訓練 <u>蘇性豪醫師</u>	

2024/10/13 (Sun.)

	第一會議室 (264 人)	第二會議室 (264 人)	第三會議室 (201 人)	第四會議室 (70 人)
08:30-09:00	Registration 報到			
09:00-09:50 Keynote lecture 1	Moderator : <u>周昆達</u> 理事長 Co-morbid insomnia and sleep apnea (COMISA): Recent research from an emerging field <u>Dr. Alexander Sweetman</u> (Australia)			
10:00-10:50 Keynote lecture 2	Moderator : <u>莊立邦</u> 醫師 COMISA (Co-Morbid Insomnia and Sleep Apnea) <u>Dr. Naricha Chirakalwasan</u> (Thailand)			
11:00-12:50	Symposium 7 外科 (李立昂) Moderator : <u>李立昂</u> 教授、 <u>鄒永恩</u> 醫師、 <u>李學禹</u> 教授	Symposium 8 精神科 (黃玉書) Moderator : <u>黃玉書</u> 教授、 <u>徐崇堯</u> 教授	Symposium 9 技師 (黃春森) Moderator : <u>黃春森</u> 技師、 <u>曾俊賢</u> 技師	Symposium 10 circadian rhythms (張芳嘉) Moderator : <u>陳示國</u> 教授 (臺大生科系)

11:00-11:50	Interventional drug-induced sleep endoscopy & sleep disturbance - indications and limitations 介入性藥物誘導睡眠內鏡與睡眠障礙問題－適應症與其局限 <u>辛立仁醫師</u>	Pitolisant studies on Narcolepsy and Obstructive Sleep Apnea (OSA) <u>Dr. Christian CAUSSE</u>(France)	Cardiac Arrhythmias during Sleep 睡眠心律不整 劉勝義理事	Core clock gene PER2 inhibits epithelial-mesenchymal transition and prevents cisplatin resistance in Epi-A ovarian cancer 核心時鐘基因 PER2 抑制 Epi-A 卵巢癌上皮間質轉化與 Cisplatin 抗藥性 <u>黃雯華副研究員</u> (中研院)
11:50-12:00	Break			
12:00-12:50	Obstructive Sleep Apnea Combined with Insomnia: Challenges and Treatment of Sleep Surgeons 阻塞性睡眠呼吸中止症合併失眠症：睡眠外科醫師的挑戰與治療 <u>蔡明劭醫師</u>	the Wake promoting agent with or without psychostimulant properties. <u>Dr. Christian CAUSSE</u>(France)	Sleep care for night workers: shift work disorder 夜班工作者的睡眠保養-輪班工作疾患 鄭婉汝醫師	A repressive network on the evening complex assists the circadian clock stability in Arabidopsis 阿拉伯芥藉由轉錄網絡抑制夜間蛋白複合體來穩定生理時鐘運行節律 <u>蔡皇龍教授</u> (台大)
13:00-13:30	會員大會			
13:30-14:20 Symposium 11	Differentiation model for insomnia disorder and the respiratory arousal threshold phenotype in obstructive sleep apnea in the taiwanese population based on oximetry and anthropometric features 以穿戴裝置輔助鑑別失眠和阻塞性睡眠呼吸中止症 <u>巫承融醫師</u>			
14:30-15:20 Symposium 12	Guidelines for Home Sleep Apnea Testing by the Taiwan Society of Sleep Medicine 台灣睡眠醫學學會居家睡眠呼吸中止症檢查指引 于鍾傑醫師			
15:30-16:00	Award and Closing ceremony 頒獎			